

Announcement and Invitation

The 55th Chubu Nippon Figure Skating Competition and The CHUNICHI Cup

**TOYOHASHI Japan
February 28 to March 3, 2019**

Announcement for member countries of Asian Skating Union, Four Continents member countries of ISU, and member country of ISU, those who have interest in this competition.

The 55th Chubu Nippon Figure Skating Competition and The Chunichi Cup

I. General Regulation

Organizer: Nine (9) Local Skating Associations of Central Japan Prefectures as below
Aichi, Fukui, Gifu, Ishikawa, Nagano, Niigata, Shizuoka, Toyama, Yamanashi Prefectures
and
The Chunichi Shinbun Co., Ltd.

Hosted by: Gifu Prefecture Skating Union, Figure Skating Committee

Authorized by: Japan Skating Federation (hereinafter JSF)
Sanctioned by: Toyohashi City
Regional Board of Educations; Toyohashi
Regional Amateur Sports Associations; Toyohashi
Regional Amateur Skating Associations; Toyohashi

Date: February 28 (Thursday) – March 3 (Sunday), 2019

Events: Single Skating with JSF Figure Skating Level Test classification (No age requirement)
When the number of entries exceeds 31, the corresponding class will be divided by the age.

This competition is the inter-club event.

II. Technical Data

Prescription: The Competition will be conducted in accordance with ISU Constitution and General Regulation 2018, the ISU Special Regulations & Technical Rules Single & Pair Skating 2018 and all relevant ISU Communications.

Participation in the competition is open to Competitors who belong to ASU Members as well as ISU Members and qualify with regard to eligibility according to ISU Constitutions and General Regulations Rule 102.

Venue: Aquarena Toyohashi, Ice Rink
60m x 30m, Indoor and artificial.

1-3 Menowari, Jinnoshinden-cho, Toyohashi City, Aichi Prefecture, 441-8077
TEL. 0532-31-4781 FAX. 0532-31-4799

CATEGORIES (see detail Appendix 2)

NOTE: Well Balanced elements for Novice A and B are the different from ISU Novice elements. Please refer Appendix 2-1.

Age requirements for Junior, Novice A and Novice B include 2018/2019 season.

LADIES/GIRLS

Senior (JSF Level Test; 7th and 8th, age limitation; 15 as of July 1, 2018)
Short Program: ISU Senior, Duration: 2 min 40 sec. +/-10 sec.
Free Skating: ISU Senior, Duration: 4 min. +/-10 sec.

Junior (JSF Level Test; 6th, age limitation; born between July 1, 2003 to June 30, 2005, who has 6th JSF test certificate
JSF Level Test; 7th, age limitation; born between July 1, 1999 to June 30, 2003, who has 7th JSF test certificate)
Short Program: ISU Junior, Duration: 2 min 40 sec. +/-10 sec.
Free Skating: ISU Junior, Duration: 3 min.30 sec. +/-10 sec.

Novice A class (JSF Level Test; 6th and higher and born between July 1, 2005 to June 30, 2008)
JSF Novice A, Duration: 3 min. +/-10 sec.

Novice B class (JSF Level Test; 5th and higher and born July 1, 2007 to June 30, 2010)
JSF Novice B, Duration: 2 min.30 sec. +/-10 sec.

6th class (JSF Level Test; 6th, no age limitation)
Free Skating: ISU Junior, Duration: 3 min.30 sec. +/-10 sec.

5th class (JSF Level Test; 5th, no age limitation)
ISU Junior, Duration: 3 min.30 sec. +/-10 sec.

4th class (JSF Level Test; 4th, no age limitation)
 JSF Novice A, Duration: 3 min. +/-10 sec.

3rd class (JSF Level Test; 3rd, no age limitation)
 JSF Novice B, Duration: 2 min. 30 sec. +/-10 sec.

2nd class (JSF Level Test; 2nd, no age limitation) Duration: 2 min. +/-10 sec. (note: Appendix 2)

1st class (JSF Level Test; 1st, no age limitation) Duration: 1 min. +/-10 sec. (note: Appendix 2)

Preliminary class (JSF Level Test; preliminary and lower, no age limitation) Duration: 1 min. +/-10 sec. (note: Appendix 2)

MEN/BOYS

Senior (JSF Level Test; 7th and 8th, age limitation; 15 and older as of July 1, 2018)
 Short Program: ISU Senior, Duration: 2 min 40 sec. +/-10 sec.
 Free Skating: ISU Senior, Duration: 4 min. +/-10 sec.

Junior: (JSF Level Test; 5th and 6th, or born between July 1, 1999 to June 30, 2005, who has 7th JSF test certificate)
 Short Program: ISU Junior, Duration: 2 min 40 sec. +/-10 sec.
 Free Skating: ISU Junior, Duration: 3 min.30 sec. +/-10 sec.

Novice A class (JSF Level Test; 4th and higher and born between July 1, 2005 to June 30, 2008)
 JSF Novice A, Duration: 3 min. +/-10 sec.

Novice B class (JSF Level Test; 3rd and higher and born between July 1, 2007 to June 30, 2010)
 JSF Novice B, Duration: 2 min.30 sec. +/-10 sec.

4th class (JSF Level Test; 4th, no age limitation)
 JSF Novice A, Duration: 3 min. +/-10 sec.

3rd class (JSF Level Test; 3rd, no age limitation) Duration: 2 min. 30 sec +/-10 sec. (note: Appendix 2)

2nd class (JSF Level Test; 2nd, no age limitation) Duration: 2 min. +/-10 sec. (note: Appendix 2)

Prelim./1st class (JSF Level Test; 1st. and lower, no age limitation) Duration: 1 min. +/-10 sec. (note: Appendix 2)

Japanese skaters must have the respective JSF Figure Skating Level Test certificate.
 Foreign skaters are preferable to have equivalent level of the JSF Figure Skating test, but not mandatory, for the entry.
 (please see appendix 4)

Note 1. 6th, 5th, 4th, 3rd, 2nd, 1st, and preliminary classes may split by their school year, if there will be a lot of entries.
Note 2. For Senior and Junior Ladies and Men, the Best 12 skaters can skate Free Skating Program.

Quick Reference guide (see Appendix 2)

Class	Ladies / Girls	Men / Boys
Preliminary class	1min. +/- 10sec.	
1st class	1min. +/- 10sec.	
2nd class	2min. +/- 10sec.	
3rd class	2min. 30sec. +/- 10sec.	
4th class	3 min. +/- 10sec.	
Novice B	2min. 30sec. +/- 10sec.	
Novice A	3min. +/- 10sec.	
5th class	Free: 3min. 30sec. +/- 10sec.	SP: 2 min. 40 sec. +/- 10sec. Free: 3min. 30sec. +/- 10sec.
6th class		
Junior	SP: 2 min. 40 sec. +/- 10sec. Free: 3min. 30sec. +/- 10sec.	
Senior	SP: 2 min. 40 sec. +/- 10sec. Free: 4min. +/- 10sec.	

Results: The result will be calculated according to ISU Special Regulations Figure Skating 2018 rule 352 and 353.
 ISU Senior, Junior Short Program and Free Skating. see ISU Regulations, Rule 611, 612.
 For Advanced Novice, see Communication No. 2172.

Deadline of the entry January 28, 2019 (Monday), 20.00hr. by e-mail.
 The application for entry after the deadline can be accepted but may not be on the program book.

Notes:

Foreign skaters must have the approval from his/her respective National Federation for the participation to avoid for their future disadvantage at home.

Competition Schedule

The details are not yet decided.
 The organizing committee will inform you ASAP.

III. Entries

Each Club of 9 member Prefectures and from A.S.U. or ISU Member countries can enter with no limitation in each category. The Organizer reserves the right to enter more competitors in each category.

Entries must be made by Club or Local Association, foreign entries must be made through your respective National Federation, to avoid any irregularities and send to:

Organizing Committee e-mail:
Chairman: Akira IZAWA e-mail: comp @ gifufs.com

Mail to : Attn : Mr. Akira IZAWA
Gifu Skating Union
Organizing Committee of The 55th Chubu Nippon Figure Skating Competition and The CHUNICHI Cup
1-1-27 Kawai-cho, Minokamo-shi GIFU 505-0022, Japan
e-mail: comp @ gifufs.com

IV. Prize

The best 3 competitors in each category will be awarded medal and Diploma.

The best skater for both Senior Ladies and Senior Men categories will be awarded The Chunichi Cup.

V. Music

CDs may be used. All CDs should be handed over on arrival at the Accreditation desk. They should be clearly labeled with Competitor's Name and Club as well as exact playing time of the music (not the skating time) in accordance with Rule 343 paragraph 1.

Music (Short and Free program each) must be recorded on one track on a CD.

All competitors must prepare the back-up CD for the accident.

VI. Expenses

The Organizer cannot cover any expenses of all participants. Each participating National Federation or club must bear all expenses for their skaters, Judges, Team Leaders and Coaches.

(Organizing committee bears the accommodation and meal expenses of judges during the competition period.)

The entry fee is required for all skaters.

Japanese skaters are required 12,000 JPY per skater for Senior and junior class. The other classes are required 10,000 JPY per skater. Foreign skaters are required 5,000JPY (approximately 50USD/40 euro) per skater for all categories.

The organizer may prepare the official practice for only skaters who enter Preliminary and 1st classes.

Ice time fee is required and paid at the accreditation desk.

VII. Official Accommodation

OC did NOT decide yet. Please book individually.

VIII. Liability

In accordance with Rule 119, the Organizing Committee accepts no liability for bodily or personal injury, or for property loss or damage incurred by Competitors and Officials. Each Competitor is expected to provide their own insurance protection. The Organizing Committee will provide emergency medical service for all Competitors during the Competition Period.

IX Transportation

The Organizer will not provide the transportation from and to the airport, at the moment.

From and To Airport / Hotel, please refer to the First Information.

X. Invitation Letter for Visa

Please confirm if you need the letter of invitation from organization committee for your visit.

Please contact the person below for inquiries.

Organizing committee will issue the letter of invitation as soon as possible.

The Time Schedule of the events will be published immediately after the entries closing date and dispatched to all entry clubs by fastest means, such as by e-mail.

Inquiry to:

Akira izawa, member of Gifu Skating Union, Figure Skating Committee

e-mail: comp @ gifufs.com

Appendix 1

Preliminary Competition Schedule (subject to change)

The final Time Schedule will be published immediately after the entries closing date. It will be announced by e-mail or by Fax.

Tentative Schedule

Day 1

February 28, Thursday	Off Ice (Arena)	Arena	Categories
	Arrival, Team, Judge Opening Ceremony Accreditation at Venue (OC RM)	Practice Competition	6th Ladies Junior SP Ladies
	Victory Ceremony		

Day 2

Venue open: 7:00am

March 1, Friday	Off Ice (Arena)	Arena	Categories
	Arrival, Team, Judge Accreditation at Venue (OC RM)	Competition	3th Ladies 4th Ladies 5th Ladies Novice B Ladies Junior FS Ladies
	Victory Ceremony		

Day 3

Venue open: 7:00am

March 2, Saturday	Off Ice	Arena	Categories
	Arrival, Team, Judge Accreditation at Venue (OC RM)	Competition	1st Boys, girls 2th Boys, girls 3th Boys 4th Boys Novice B Men Junior SP Men Senior SP Men, Ladies
	Victory Ceremony		

Day 4

Venue open: 7:00am

March 3, Sunday	Off Ice	Arena	Categories
	Accreditation at Venue (OC RM)	Competition	Preliminary Boys, girls Novice A Men, Ladies Junior FS Men
	Victory Ceremony Departure	N/A	Senior FS Men, Ladies

Please Note! The Schedule is tentative.

Schedule may change according to the number of entries.

Appendix 2

1. Senior

	Ladies	Men
JSF Figure Skating Test	7th and 8th	
Short Program	ISU Senior, 2 min. 40 sec. +/- 10 sec.	
Free Skating	4 min., +/- 10 sec.	

ISU Senior Short Program and Free Skating. see ISU Regulations, Rule 611, 612.

Free skating is performed by 12 people of dominance of a short program.

2. Junior

	Ladies	Men
JSF Figure Skating Test	born between July 1, 2003 to June 30, 2005, who has 6th JSF test certificate or born July 1, 1999 to June 30, 2003 with Level 7th JSF Test certificate.	5th and 6th or born July 1, 1999 to June 30, 2005 with Level 7th JSF Test certificate.
Short Program	ISU Junior, 2 min. 40 sec. , +/- 10 sec.	
Free Skating	3 min. 30sec., +/- 10 sec.	

ISU Junior Short Program and Free Skating. see ISU Regulations, Rule 611, 612.

Free skating is performed by 12 people of dominance of a short program.

Please NOTE: Novice requirements is different from the ISU Novice Guidelines. (ISU Communication No. 2172)

3. Novice A

	Ladies	Men
JSF Figure Skating Test	6th and higher for Ladies and 4th and higher for Men, and born July 1, 2005 to June 30, 2008	
Program component Factor	1.6	2.0
Free Skating	3 min., +/- 10 sec.	

JSF's Novice A program.

Well balance free program; see JSF Novice A requirements.

4. Novice B

	Ladies	Men
JSF Figure Skating Test	5th and higher for Ladies and 3rd and higher for Men, and born July 1, 2007 to June 30, 2010	
Program component Factor	1.6	2.0
Free Skating	2 min. 30 sec. +/- 10 sec.	

JSF's Novice B program.

Well balance free program; see JSF Novice B requirements.

5. 6th class

	Ladies
JSF Figure Skating Test	5 th
Free Skating	3 min. 30sec. +/- 10 sec.

ISU Junior Free program.

Well balance free program; see ISU Regulations, Rule 612.

6. 5th class

	Ladies
JSF Figure Skating Test	5 th
Free Skating	3 min. 30sec. +/- 10 sec.

ISU Junior Free program.

Well balance free program; see ISU Regulations, Rule 612.

7. 4th class

	Ladies	Men
JSF Figure Skating Test	4th	
Program component Factor	1.6	2.0
Free Skating	3 min. +/- 10 sec.	3 min. 30 sec. +/- 10 sec.

JSF's Novice A program.

Well balance free program; see JSF Novice A requirements.

8. 3rd class

	Ladies	Men
JSF Figure Skating Test		3rd
Program component Factor	1.6	2.0
Free Skating	2 min. 30 sec. +/- 10 sec.	3 min. +/- 10 sec.

JSF's Novice B program.

Well balance free program; see JSF Novice B requirements.

9. 2nd class

	Ladies	Men
JSF Figure Skating Test		2nd
Free Skating		2 min. +/- 10 sec.

Program Components Score(SS, PE, IN), Factor: 1.8(all PCS), Fall deduction: -0.2

- a) jump elements: maximum 4.
maximum 2 jump combinations or jump sequences can execute not more than two(2).
1st jump must have a different abbreviation. (i.e. 1T+1Lo and 2T+1Lo means the same jump element.)
one of which must be an Axel type jump
same abbreviation jump cannot be included more than two(2) times. (i.e. 1T and 2T means the same jump element.)
- b) spin elements: maximum 2 with different nature (set Level B)
one position spin (minimum 5 revolutions in basic position)
one spin combination (change of foot is optional)
- c) step (set Level B)
one step sequence fully utilizing the ice surface

10. 1st class

	Ladies	Men
JSF Figure Skating Test		1st
Free Skating		1 min. +/- 10 sec.

Program Components Score(SS, PE, IN), Factor: 1.5(all PCS), Fall deduction: -0.2

- a) jump elements: maximum 4.
maximum 2 jump combinations or jump sequences can execute only one time
1st jump must have a different abbreviation. (i.e. 1T+1Lo and 2T+1Lo mean the same jump element.)
Waltz jump cannot be executed.
- b) one spin element (set Level B)
only one position spin (minimum 5 revolutions in basic position)
- c) one step sequence (set Level B)
step sequence must have a half utilizing the ice surface.

No second half bonus is applied.

11. Preliminary class

	Ladies	Men
JSF Figure Skating Test		Preliminary and beginner
Free Skating		1 min. +/- 10 sec.

Program Components Score(SS, PE, IN), Factor: 1.2(all PCS), Fall deduction: -0.2

- a) jump elements: maximum 4.
maximum 2 jump combinations or jump sequences can execute only one time
1st jump must have a different abbreviation. (i.e. 1T+1Lo and 2T+1Lo mean the same jump element.)
Waltz jump can be executed. (Base Value 0.3)
- b) one spin element (set Level B)
only one position spin (minimum 5 revolutions in basic position)

No second half bonus is applied.

Special Regulation for this competition.

1. Jump combination in 2nd, 1st, and preliminary classes

The first jump must have a different nature(abbreviation). If the first jump has the same abbreviation, the element is No Value.
i.e. executed 2F+2T, 2F+2Lo, second combo, 2F+2Lo is the No Value.

2.preliminary class

Axel type jump include Waltz jump.(Abbreviation:1W, SOV:0.3)

The first 1W is only recognized as the Axel type jump.

The next Waltz jump is recognized as "A". (Axel no value). 1W can execute only one time.

Downgraded Axel Paulsen is No Value and the Waltz jump and Axel jump is different in nature.

3. All jump elements started in the second half for 2nd,1st and preliminary classes are not multiplied by special factor 1.1.

See Appendix 5 for minimum required elements for each Level Test category.

Appendix 2-1

JSF Novice A required elements: Duration: Ladies and Men;3 min. +/- 10 sec.

Novice A and 4rd class

	Ladies	Men
Jump elements	maximum of 6 jump elements three of which must be a Lutz, Flip, and <u>Loop</u> jump must be execute either solo jump or jump combination/jump sequence as the 1st jump. Axel type jump must execute either solo jump, jump combination or jump sequence. maximum of 2 jump combinations or jump sequences. one of jump combinations can contain 3 jumps. number of jumps in the jump sequence is free, but only 2 difficult jumps are counted. maximum of 2 jump 2 and a half rotation jumps only 2 types of 3 rotation jumps can repeat in jump combination or jump sequences.	
Spin elements	maximum 3 spins in different nature one of which must be a Flying spin (change of foot and change of position are not allowed, minimum 6 revolutions) Layback/sideways leaning spin or sit/camel spin without change of foot, flying entry is not allowed. (minimum 6 revolutions) one of which must be a spin combination (change of foot is optional, and flying entrance is not allowed. min. 10 rev.)	maximum 3 spins in different nature one of which must be a Flying spin (change of foot and change of position are not allowed, minimum 6 revolutions) sit or camel spin. (change of foot is optional, flying entry is not allowed, min. of 6 rev. for without change of foot/min. 10 rev. with change of foot) one of which must be a spin combination (change of foot is optional, minimum 10 revolutions)
	Flying spin and one position spin must be the different basic position.	
Steps	maximum 1 step sequence fully utilize the ice surface	

Fall deduction: -0.5

Second half bonus 1.1 However, only the last two jump elements executed in the second half count for this factor.

Program Components factor; Men: 2.0, Ladies: 1.6

JSF Novice B required elements: Duration: Ladies and Men;2 min. 30 sec. +/- 10 sec.

Novice B and 3rd class

	Ladies	Men
Jump elements	maximum of 5 jump elements two of which must be a Lutz and Flip jump must be executed either solo jump or jump combination/jump sequence as the 1st jump. Axel type jump must execute either solo jump, jump combination or jump sequence maximum of 2 jump combinations or sequences. one of jump combinations can contain 3 jumps. number of jumps in the jump sequence is free, but only 2 difficult jumps are counted. maximum of 2 jump 2 and a half rotation jumps only 2 types of 3 rotation jumps can be repeated in jump combination or jump sequences.	
Spin elements	maximum 3 spins in different nature one of which must be an Flying spin (change of foot and change of position are not allowed, minimum 6 revolutions) Layback/sideways leaning spin or sit/camel spin without change of foot, flying entry is not allowed. (minimum 6 revolutions) one of which must be a spin combination (change of foot is optional, minimum 10 revolutions)	maximum 3 spins in different nature one of which must be a Flying spin (change of foot and change of position are not allowed, minimum 6 revolutions) sit or camel spin. (change of foot is optional, flying entry is not allowed, min. of 6 rev. for without change of foot/mini. 10 rev. with change of foot) one of which must be a spin combination (change of foot is optional, minimum 10 revolutions)
	Flying spin and one position spin must be the different basic position.	
Steps	maximum 1 Choreographic sequence Choreographic sequence must be clearly visible. For Ladies, must contain a <u>spiral position at least three (3) seconds long without any support.</u>	

Fall deduction: -0.5

Second half bonus 1.1 However, only the last two jump element executed in the second half count for this factor.

Program Components factor; Men: 2.0, Ladies: 1.6

Appendix 3-a (please insert the line in case)

Entry Form -1

Member (ASU, ISU)					
Competitors					
Category		Men/Boys		Ladies/Girls	
		Given Name	First Name	Given Name	First Name
Preliminary	1				
	2				
	3				
1st	1				
	2				
	3				
2nd	1				
	2				
	3				
3rd	1				
	2				
	3				
4th	1				
	2				
	3				
Novice B	1				
	2				
	3				
5th	1				
	2				
	3				
Novice A	1				
	2				
	3				
6th	1				
	2				
	3				
Junior	1				
	2				
	3				
Senior	1				
	2				
	3				

Entry Form -2

Member (ASU, ISU)			
Judges			
		Given Name	First Name
1	M / L		
2	M / L		
3	M / L		

Entry Form -3

Member (ASU, ISU)			
Coaches			
		Given Name	First Name
1	M / L		
2	M / L		
3	M / L		
4	M / L		
5	M / L		
6	M / L		
7	M / L		
8	M / L		
9	M / L		
10	M / L		

Entry Form -4

Member (ASU, ISU)			
Chaperones			
		Given Name	First Name
1	M / L		
2	M / L		
3	M / L		
4	M / L		
5	M / L		
6	M / L		
7	M / L		
8	M / L		
9	M / L		
10	M / L		

TEAM LEADER: (Given Name)

(Name)

Date: _____

Member Federation/Club

Address/Phone/E-mail

Appendix 3-b

Individual Entry Form ; (EXCEL form is available)

To OC: The 55th Chubu Nippon Figure Skating Competition and The Chunichi Cup

Member (ASU, ISU)														
Name:						Gender		Date of Birth		Age				
						M / F		DD/MM/YY						
Nationality						Club								
School								School grade						
Entry Class		Please encircle relevant class								M / L				
Senior		Junior		Novice A		Novice B		6th	5th	4th	3rd	2nd	1st	Preliminary
Free Skating music:														
Play time						Skating time								
Coach														
Choreographer														
Height				Hobbies										
Start skating year														
Domestic competition						International Competition								
Season	Competition				Place	Season	Competition				Place			
Guardian /Parent						Emergency contact								
						Phone				e-mail				

<p>Please mail or fax:</p> <p>Attn : Mr. Akira Izawa Gifu Skating Union Organizing Committee of The 55th Chubu Nippon Figure Skating Competition and The CHUNICHI Cup 1-1-27 Kawai-cho, Minokamo City Gifu Prefecture 505-0022, JAPAN</p> <p>Phone: +81-574-25-8029 Fax: +81-574-25-8029 e-mail: comp@gifufs.com</p>	
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Planned elements sheet: Prepared by Excel form

ASU/ISU Member Federation or Club:
Category: Men / Ladies, Senior, Junior, Novice A, Novice B, 6th, 5th, 4th, 3rd, 2nd, 1st, Preliminary Please encircle relevant class
Name of Competitor(s):

ELEMENTS IN ORDER OF SKATING

Elements Short Program		Elements Free Skating	
1		1	
2		2	
3		3	
4		4	
5		5	
6		6	
7		7	
		8	
		9	
		10	
		11	
		12	
		13	
		14	

Date, Signature: _____

Please mail or fax: Attn : Mr. Akira Izawa Gifu Skating Union Organizing Committee of The 55th Chubu Nippon Figure Skating Competition and The CHUNICHI Cup 1-1-27 Kawai-cho, Minokamo City Gifu Prefecture 505-0022, JAPAN Phone: +81-574-25-8029 Fax: +81-574-25-8029 e-mail: comp @ gifufs.com	
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Appendix 4

JSF Level Test Requirements (as of October 1, 2018) for single skating

Category	Minimum required elements should be possessed.
Preliminary	Half circles: FO, FI, BO, BI No free skating element is required.
1st (Level 1)	1. Three jump 2. Toe Loop jump 3. Salchow jump 4. Jump combination (S+S) 5. Upright spin (minimum 5 revolutions)
2nd (Level 2)	1. Loop jump (S) 2. Flip jump (S) 3. Lutz jump (S) 4. Jump combination (one of which must include loop, flip, or Lutz) 5. Cross foot or Back scratch spin (minimum 5 revolutions) 6. Sit spin (minimum 5 revolutions)
3rd (Level 3)	1. Axel Paulsen jump (S) 2. Any type of double jump 3. Jump combination (minimum D+S), same jump of 2 can be executed. 4. Camel spin (minimum 5 revolutions) 5. Flying spin (minimum 5 revolutions) 6. Spin combination (no change of foot, minimum 6 revolutions, minimum 2 revolutions in one position)
4th (Level 4)	1. Double toe loop jump 2. Double Salchow jump 3. Double loop jump 4. Jump combination (D+D) 5. L: Layback or sideways leaning spin (minimum of 5 revolutions) M: Sit spin or camel spin with one change of foot (minimum of 5 revolutions) (For both Ladies and Men, the GOE is 0 or more) 6. Spin combination with one change of foot (must include 3 basic positions. minimum 2 revolutions in one position), (minimum 6+6 revolutions)(the GOE is 0 or more)
5th (Level 5)	1. Double flip or double Lutz jump immediately preceded by connecting steps and/or other comparable free skating movements 2. Double flip or double Lutz jump (different jump of #1) 3. Jump combination (consist of 2F+2Lo, 2F+2T, 2Lz+2Lo, or 2Lz+2T) 4. Spin combination with one change of foot (must include 3 basic positions. minimum 2 revolutions in one position), (minimum 6+6 revolutions) (the GOE is 0 or more) (To carry out more than 2 postures for each basic position of 2 or more rotations on the foot after the change of foot) 5. Flying camel spin (minimum of 6 revolutions without changing position, variation and edges) (the GOE is 0 or more) 6. Flying sit spin (The aerial attitude shall be a sit position, and after icing it shall be at least 6 rotations without changing position, variation and edges.)(the GOE is 0 or more)
6th (Level 6)	1. Double Axel Paulsen jump 2. Jump combination (minimum of D+D+D for Ladies and D+T for Men) 3. Double jump immediately preceded by connecting steps and/or other comparable free skating movements (relevant ISU Junior SP element) 4. Spin combination (with 3 basic position, change of foot.) (To carry out more than 3 postures for each basic position of 2 or more rotations on the foot after the change of foot. One posture is necessary before changing legs)(the GOE must be +1 or more) 5. Flying spin (more than 8 revolutions without changing position, variation and edges, relevant ISU Junior SP element)(the GOE must be +1 or more)
7th (Level 7)	1. Double Axel Paulsen jump 2. Triple jump immediately preceded by connecting steps and/or other comparable free skating movements 3. Triple jump, different jump of #2 4. Jump combination (D+T and more revolutions) 5. Flying Spin (more than 8 revolutions without changing position, variation and edges) (the GOE must be +2 or more) 6. Spin combination (with 3 basic position, change of foot.) (To carry out more than 3 postures for each basic position of 2 or more rotations on the foot after the change of foot. One posture is necessary before changing legs)(the GOE must be +2 or more)
8th (Level 8)	1-4. Ladies: 4 different triple jumps 1-5. Men: 5 different triple jumps 6. Ladies: jump combination (T+D or T+T) Men: jump combination (T+T) 7. Spin combination with change of foot 8. 2 different flying spins

VISA INVITATION INFORMATION FORM

THIS FORM MUST BE RETURNED BEFORE: January 28, 2019

Please fill in with type or write in block letters!

	Name (as per passport)	Gender (M/F)	Status (Skater, Coach, Judge, etc)	Date of Birth (DD/MM/YY)	Nationality	Passport #	Issued by (Country name)	Profession	Embassy where VISA will be processed	Estimated arrival/departure dates
1.										
2.										
3.										
4.										
5.										
6.										
7.										
8.										
9.										

ASU Member Federation: _____

Fax and Email Address: _____

Date and Signature: _____

Connecting name and Number : _____

Please mail or fax:

Attn : Mr. Akira Izawa

Gifu Skating Union

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